



LUNCH / DINNER

Taxes not included!

	S	M	L
BAKED CHICKEN		\$13.50	
FRIED CHICKEN			\$15.00
STEWED CHICKEN	\$11.00	\$13.00	\$15.00
CURRY CHICKEN	\$11.00	\$13.00	\$15.00
JERK CHICKEN	\$11.00	\$13.00	\$15.00
STEWED PORK	\$12.00	\$14.00	\$16.00
COW FOOT & BEAN	\$12.00	\$14.00	\$16.00
PEPPER STEAK (FRI)		\$16.25	\$18.50
OXTAIL		\$16.25	\$18.50
CURRY GOAT		\$16.25	\$18.50
TRIBE & BEANS (MON & WED)		\$16.25	\$18.50
STEW PEAS W/CHICKEN FOOT (TUES)		\$16.50	\$18.50
STEW PEAS W/PIG TAIL (THUR)		\$16.50	\$18.50
COW SKIN & BEANS		\$16.25	
SALMON		\$17.00	

SEAFOOD DONE TO ORDER!

SOUP OF THE DAY

Taxes not included!

	S	L
MONDAY CHICKEN	\$5.50	\$8.50
TUESDAY CHICKEN FOOT W/ RED PEAS	\$6.00	\$9.00
WEDNESDAY GOAT HEAD	\$6.00	\$9.00
THURSDAY CHICKEN	\$5.50	\$8.50
SATURDAY COW FOOT	\$6.00	\$9.00
FRIDAY RED PEAS W/COW SKIN & PEANUT	\$6.50	\$10.50
FRIDAY FISH	\$6.50	\$10.50
SATURDAY CHICKEN FOOT W/GUNGO PEAS	\$6.00	\$9.00
SATURDAY FISH	\$6.00	\$9.00



BREAKFAST

	S	M	L
SALT MACKEREL	\$10.50	\$12.50	\$14.50
OKRA & SALTFISH	\$10.00	\$12.00	\$14.00
LIVER	\$10.00	\$12.00	\$14.00
CALALOO	\$10.00	\$12.00	\$14.00
BAKED BEAN & SALTFISH	\$10.50	\$12.50	\$14.50
BUTTER-BEANS & SALTFISH	\$10.50	\$12.50	\$14.50
KIDNEY	\$10.50	\$12.50	\$14.50
CHICKEN FOOT SAT	\$10.50	\$12.50	\$14.50
CHICKEN BACK	\$10.50	\$12.50	\$14.50
TURKEY NECK	\$10.50	\$12.50	\$14.50
ACKEE & SALTFISH	\$16.25	\$18.50	

KING FISH, SALTFISH, WHITING, BUTTER FISH
\$4.50 & UP

FESTIVAL, FRITTERS, BAMMY, FRIED BREADFRUIT
\$1.50 EACH

Breakfast served with ground provisions (Boiled or fried dumpling)

Taxes not included!



PORRIDGE

	S	L
MONDAY CORNMEAL	\$5.50	\$8.50
TUESDAY BANANA & OATS	\$5.50	\$8.50
WEDNESDAY CORNMEAL & OMI CORN	\$5.50	\$8.50
THURSDAY PLANTAIN & OATS	\$5.50	\$8.50
FRIDAY PENNY	\$6.00	\$9.00
SATURDAY CORNMEAL & OMI CORN	\$5.50	\$8.50

Taxes not included!

START YOUR DAY PAMPI'S WAY!

(860) 216-5680 1037 Albany Ave, Hartford, CT 06112

Lunch / Dinner

	S	M	L
Oxtail	\$9.50	\$11.50	\$13.50
Curried Goat	\$9.50	\$11.50	\$13.50
Jerk Pork	\$9.50	\$11.50	\$13.50
Cowfoot w/ Beans	\$9.50	\$11.50	\$13.50
Cowskin w/ Bean	\$9.50	\$11.50	\$13.50
Stew Peas (Tues & Thurs)	\$9.50	\$11.50	\$13.50
Peppered Steak (Friday)	\$11.50	\$13.50	\$15.50
Stew Pork	\$9.50	\$11.50	\$11.50
Fry Chicken	\$9.00	\$11.00	\$13.00
Stew Chicken	\$9.00	\$11.00	\$13.00
Barbecue Chicken	\$9.00	\$11.00	\$13.00
Curry Chicken	\$9.00	\$11.00	\$13.00
Jerk Chicken	\$9.50	\$11.50	\$13.50
Ackee & Chicken Back	\$10.00	\$13.00	\$15.00
Tripe & Beans (Mon & Wed)	\$9.50	\$11.50	\$13.50
Brown Stew/Steam	\$15.00	and up	
Escovitch Fish	All Seafood Done to Order		

Lunch and Dinner meals served with your choice of white rice, rice and peas, seasoned rice, with a choice of fresh salad or steamed vegetables

Soup of The Day

	S \$4.50	L \$7.00
Chicken Soup	Monday	
Chicken Foot w/ Red Peas	Tuesday	
Goat Head Soup	Wednesday	
Chicken Soup	Thursday	
Fish Soup	Friday	
Red Peas Soup w/ Cow Skin & Peanut	Friday	
Chicken Foot w/ Gungo Peas	Saturday	

Prices and items are subject to change. All Major Credit Cards accepted.



1 PM TO 5 PM Happy Hour Special

MON-THURS

✓ FISH & CHIPS ✓ CHICKEN & CHIPS

Served with your choice of white rice, rice and peas, food, fresh or steamed vegetables.

COMES WITH CAN SODA OR WATER

*Based on availability

\$6⁹⁹



WE CATER FOR ALL OCCASIONS



Breakfast

	S	M	L
Salt Mackerel.....	\$9.00	\$10.50	\$12.00
Ackee & Saltfish.....	\$10.50	\$12.50	\$15.00
Okra & Saltfish	\$8.50	\$10.00	\$11.50
Liver	\$8.50	\$10.00	\$11.50
Callaloo	\$8.50	\$10.00	\$11.50
Butter Bean & Saltfish	\$9.00	\$10.50	\$12.00
Kidney	\$8.50	\$10.00	\$11.50
Porridge	\$4.50	—	\$7.00

Breakfast meals served with your choice of Food:
Yam, Banana, Dumpling, or Festival

Fried Dumpling	\$0.75	
Festival	\$1.50	\$10.00
Sweet Plantains	\$1.50	\$10.00
Fritters	\$1.50	\$10.00
Mac & Cheese	\$1.50	\$10.00
Butter Fish	\$2.50	\$10.00
Whiting Fish	\$3.00	\$3.00
King Fish	\$4.00	\$10.50



Drinks

Irish Mosh.....	\$3.50
Roots.....	\$3.50
Sorrel.....	\$3.50
Island Peanut Punch	\$3.50
Tropical Rhythms	\$2.00
Ting	\$2.00
Snapple	\$2.00
Jamaican Soda	\$2.00
Can Soda	\$1.00
Bottled Water	\$1.00



Pampi's

Jamaican Restaurant

For Custom Order Call

(860) 216-5680

1037 Albany Ave, Hartford, CT 06112

GRUBHUB™



@PampisRestaurant



MON-THURS {8:30AM – 9PM}

FRI-SAT {8:30AM – 10PM}

1037 Albany Ave, Hartford, CT

Breakfast, Lunch and Dinner

